



## Part 2 : Why do you think you are?

### Introduction

Self-discovery is a worthwhile pursuit. After all, we are made uniquely. Discovering the depths of our uniqueness is a good thing, but if self-discovery leads to self-focus, our self-fulfillment greatly suffers. It's a good thing the apostle Paul gives us an alternative.

### Discussion Questions

1. Most of us are familiar with personality and profiling assessments. How have these tools helped you learn more about yourself?
2. Part of understanding ourselves comes from knowing what makes us come alive, those things that ignite our sense of purpose... what we were made for. What makes you come alive?
3. Read 1 Corinthians 10:23–33. In what ways is Paul challenging his audience with regard to their freedom as followers of Christ (see verses 24, 32, 33)? What are some ways his words might influence the everyday decisions we make so that others will be more inclined to follow Jesus?
4. How might God want to leverage you to make a difference in the lives of those around you, whether it's in your family, your friendships, your job, your volunteer roles, etc.? Who is one person that comes to mind?
5. What is one step you can take over this next season in light of what you've learned about the unique way God has made you?

### Moving Forward

If we allow self-discovery to lead to self-focus, we begin a happiness chase that will never end. But if we allow self-discovery to lead us to our part in God's common purpose, we will discover lasting fulfillment and joy.

In light of this, go to the website <https://woodstockcity.org/youdoyou> and take the three assessments provided. Take note of your gifts and strengths. How might this information help you move into greater alignment with where God may want to use you?

### Changing Your Mind

*"Now to each one the manifestation of the Spirit is given for the common good." 1 Corinthians 12:7*

*"Now you are the body of Christ, and each one of you is a part of it." 1 Corinthians 12:27*