

I N V I S I B L E

A New Guide

One of two powerful forces helps guide us. For you, which one is it?

To Discuss

1. Name a consistent source of messaging that you get too much of in your life. Advertising? Social media feeds? Entertainment? Something else? How do you think that source influences you?
 2. During the message, we were asked to take 60 seconds of complete silence. How difficult is that for you? Why do you think that is?
 3. Would you say you've ever sensed the promptings or heard the whispers of God's Spirit directing you? In what way?
 4. Read **Galatians 5:19–26**, where the apostle Paul is contrasting what it looks like to be influenced by the forces of nature versus living under the influence of God's Spirit. What stands out to you? As you look at the different types of fruit the Spirit yields (v. 22–23), what do you need most in your current circumstances?
 5. Do you take intentional time to tune into God's Spirit? If so, how often, and what does that look like for you? If not, why not?
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