



## Worth It: Wasting or Investing? Part 1

Where you spend your time will shape your life. Are you investing it in what matters most?

### Discussion Questions

1. If you had a free day to do anything you wanted, how would you spend your time?
2. Contrary to popular opinion, you can't make time, buy time, or borrow time. Can you think of an instance when you wasted time and wished you had it back? What exactly did it cost you (rest, loss of money, loss of friendship, etc.)?
3. Give an example of prioritizing what you want most over what you want now.
4. How does spending time wisely impact the relationships in your life?
5. **Ephesians 5:15–16 says, “Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil.”**
  - Are you intentional with your time or do your immediate needs dictate how you spend your time?
  - Who do you know that is considered wise? What characteristics do they exhibit on a consistent basis?
6. **Are you investing your time wisely or is much of it being wasted on things that serve no purpose?**