



Part 3: “Walk It Out”

Introduction

There is a gap that exists between who we want to be and who we actually are—it’s part of the human condition. Experiencing God’s best isn’t about sin avoidance. It’s about transformation.

Discussion Questions

1. What character from a movie, TV show, or book do you think goes through the most compelling character transformation? What drove their transformation?
2. Why is changing ourselves through merely *trying harder* so often fruitless?
3. Read Romans 8:1–6. How can you tell when you are living in accordance to the Spirit rather than living according to the flesh?
4. In the message, Samer said that you will always follow the direction of your focus. How is changing your focus different from modifying your behavior? How does that difference manifest in results?
5. Read Galatians 5:16–25. What do the fruits of the Spirit have in common? How would it impact your relationships if all your interactions were marked by this fruit?
6. What do you think it means to “keep in step with the Spirit”? What are some practical ways you can do that on a daily basis?

Moving Forward

Samer shared a three-part strategy for walking by the Spirit:

Acknowledgement - Recognizing that we have a new identity and that sin is not our master

Attention - Paying attention to those nudges when the Spirit brings something or someone to mind

Action - Trusting the Spirit and following where he leads

Here’s a prayer that can help us stay mindful of these steps:

“Spirit of God, give me a mind attentive, ears to listen, and courage to follow.”