



Exodus 17:8–15; Galatians 6:2; Matthew 11:28

We Need People

There's no such thing as a perfect family. But what does it look like to pursue a healthy family?

Discussion Questions

1. What is the most recent situation where you thought or said, "I'm tired."
2. In what area of your life are you consistently tired?
3. Who holds your hands up when they grow tired?
4. Whose hands are you holding up when they grow tired?
5. How do you practically allow God and others to support you when you are weary?