

Part 3: "Scary Close"

Introduction

One of the scariest things can be giving others access to our lives. But what if taking that step is what makes God's love for us even more real?

Discussion Questions

- 1. Have you ever been on a successful team? What was a team dynamic that helped set your team apart from others?
- 2. Why do you think *Psychological Safety* landed at the top of Google's study on high-performing teams? What is it about feeling safe and being vulnerable that would lead to a successful team?
- 3. Shame often causes us to implement impression management, where we calculate closely how much we share. Why do you think it's difficult for most people to let others know what is really going on?
- 4. Read 1 John 4:18–19. In this passage, John, the author, describes what God's perfect love looks like. Which piece of this passage means the most to you? Why do you think this would be good news?
- 5. How many people know you "scary close"? If no one currently does, who would you say knows the *real* you the most?
- 6. When our love for one another is rooted in God's love for us, our love has no limits. What could be the biggest benefit of having a safe place to be honest about what's going on in your life? What would cultivating Christ-centered close relationships look like?

Changing Your Mind

"There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love. We love because he first loved us."

1 John 4:18-19