



## Part 1: Made for It

### Introduction

We live in a world where people are lonelier and more isolated than ever before. It's never been more important to find and cultivate the life-giving friendships we were created for. Loneliness disconnects us from what it means to be human because we were created for love, connection, and belonging. We know this because God *himself* is a relational being.

### Discussion Questions

1. Have you ever felt alone in a crowd? How did you handle it?
2. Maslow's Hierarchy of Needs places "love and belonging" behind only "physiological and safety needs." Do you agree with this? How do you see it play out in your own life?
3. Have you ever thought about the Trinity as a relational being? If God **is** community, how does that affect how you view the importance of your relationships?
4. 1 John 4:8 says, "Whoever does not love does not know God, because God is love." Scripture depicts God as the source and meaning of love. If this is the case, do you think it is possible to truly understand the heart of God without community?
5. What is currently holding you back from the community you were created for? (pride, fear, past hurts, time, etc.)
6. What are some concrete steps you can take to engage in meaningful community?

### Moving Forward

Samer encouraged us to take a relational audit of our friendships. So take some time this week to ask yourself these questions: Do you have a lot of surface level friends? Do you have friends you feel safe with? Where are the gaps in your current relationships? Are there friends you should start being more intentional with?