

better decisions, fewer regrets

The Conscience Question

Sometimes an option we're considering creates tension inside of us. When that happens, it can be tempting to ignore the discomfort or brush by it. But instead of doing that, we need to pay close attention to it.

Discussion Questions

1. Do you have a name for your internal warning system?
2. Have you ever been really close to pressing GO on a big decision, but at the last minute bailed for no other reason than something about it just didn't seem right? Did more information surface after you hit PAUSE?
3. In what ways does our memory verse (below) support the habit of paying attention to the tension?
4. Is there a tension that deserves your attention? What is it?

The prudent see danger and take refuge, but the simple keep going and pay the penalty.

– Proverbs 27:12 (NIV)