

# Give Thanks

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Being grateful for someone is an emotion we can all relate to. But gratitude is not just an attitude, it's something that needs to be expressed.

## Discussion Questions

1. Who is the most grateful person you know? What are some examples of how that person shows gratitude?
2. When have you felt most taken for granted? What was said or not said that heightened that feeling? How did you respond internally?
3. Why is it difficult for most people to express gratitude, especially face-to-face?
4. **Read Luke Luke 17:11–19.** What stands out to you?
5. To whom do you owe a verbal debt of gratitude? Who has or is facilitating your progress but hasn't heard from you lately?