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# BETTER FOR IT

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## Part 2: How to Respond to a Crisis

While we don't always choose our circumstances, we do have the ability to choose our responses. But the response that has the potential to reverse the natural course of things isn't natural at all.

### Discussion Questions

1. Did you grow up assuming if God was with you, things would go well for you? Or something similar?
2. Who do you respect most? Why? Does it have anything to do with their response to adversity? If so, what would their story be if they had reacted as expected?
3. **Read Genesis 39:1–20.**
  - What stands out to you about this passage?
  - What circumstances happened to Joseph that were out of his control?
  - What are some of the natural responses Joseph could have had to those circumstances?
4. Is there anything you would do (or would have done) differently if you were confident God was with you? Is there an area where you are reacting as expected rather than exercising your "respond-ability"?

## Changing Your Mind

Never underestimate the power of a measured response. We have no idea what hangs in the balance of our decision to respond rather than react to events we did not choose. Our responses can make us better.