



The Future for a Bowl of Stew

Our appetites pose a constant threat to our integrity. And if we don't control them, they will shape the direction and quality of our lives.

Discussion Questions

1. What do you have so much of an appetite for that you need to be very careful? Which one of these appetites has a hold on you? We left off the obvious ones: food and sex. :)

**Acceptance • Intimacy • Inclusion • Respect • Recognition • Fame • Progress • Being Envied
Stuff • Responsibility • Achievement • Winning • Security**

2. Is there a time you were forced to choose between your integrity and your appetite? What happened?
3. When is a time you wish you had remembered that later is longer?
4. Is there anything you're currently talking yourself into? What would the people who love you be talking you out of if they knew?
5. You can't be yourself as long as you're lying to yourself. In what area would the people closest to you say you're not being honest with yourself?
6. Would you commit Proverbs 11:3 to memory?

*The integrity of the upright will guide them, but the crookedness of the treacherous will destroy them.
(Proverbs 11:3, NASB)*