



Week 2: What are you doing here?

A Look at Elijah

Discussion Questions

1. What is one daily ritual or habit that helps you start your day on a positive note, especially during challenging times?
2. Who do you turn to for support when you're feeling down or overwhelmed, and how do they help you?

Read 1 Kings 16:29–1 Kings 18:39, 1 Kings 22

3. After winning against Baal's prophets, why did Elijah run away from Jezebel?
4. What do you think caused Elijah to feel such fear despite his previous successes?
5. Elijah felt scared and alone. How can we feel better knowing that even prophets like Elijah faced tough times?
6. God talked to Elijah in a quiet whisper, not in loud events. How can we learn to hear God in our own lives? Have you seen God reveal himself in this way?

7. What is one habit you can choose this week to help put you in the position/posture to hear God's voice?

Moving Forward

As you move forward this week, we invite you to follow April's challenge to "Get up and eat." Let's choose to intentionally pursue time with our heavenly Father this week and lean on him for our spiritual sustenance.