

THREE INGREDIENTS FOR *Relationships* THAT GO THE *Distance*

A Posture

The secret to stronger relationships isn't being understood, but choosing to put someone else first, even when they don't deserve it.

Discussion Questions:

1. *Submit to one another out of reverence for Christ.* (Ephesians 5:21) What would that require? Where is this most difficult?
2. When you hear the word "submit," what reaction do you have, and why?
3. Where in your life do you tend to insist on your way the most?
4. Respond to this: Christian marriage is a submission competition. Agree? Disagree? Alternatives?
5. "Our tone, posture and approach toward others should reflect their value in the eyes of God." What makes that challenging?
6. Where are you currently holding your ground in a way that may be hurting a relationship, and what would it look like to take a step back and prioritize the other person?

Speaking of Ingredients...

Recipe

BAKED GLAZED DONUTS

Title:

2 cups all-purpose flour
3/4 cup granulated sugar
2 teaspoons baking powder
1/2 teaspoon kosher salt
3/4 teaspoon cinnamon
3/4 cup milk
2 large eggs
3 tablespoons butter, melted
2 teaspoon vanilla bean paste

For the glaze:
1 cup powdered sugar
2 to 3 tablespoons milk
1/2 teaspoon vanilla bean paste

INSTRUCTIONS

1. Preheat oven to 350°F and grease a donut pan.
2. In one bowl, mix flour, baking powder, cinnamon, and salt.
3. In another bowl, mix eggs, sugar, milk, melted butter, and vanilla.
4. Combine wet and dry ingredients. Mix until just combined.
5. Pipe or spoon batter into pan, filling each about 2/3 full.
6. Bake for 11-14 minutes, until lightly golden and set.
7. Let cool in pan, then transfer to a rack.

Glaze

8. Mix powdered sugar, milk, and vanilla until smooth.
9. Dip cooled donuts, add toppings if you want.
10. Let set, then enjoy!

