

HOW TO FORGE MEANINGFUL FRIENDSHIPS

Friendology

DEPENDENCY * DIVERSITY * DILIGENCE

Part 2: Not On Your Own

Prioritizing the needs of a community of people above ourselves moves us toward the interdependence we need.

Discussion Questions:

1. Have you ever witnessed someone's success lead to a disconnection from those around them? What happened? How did it affect them and their relationships?
 2. Have you ever been part of a close-knit community that helped you navigate difficult circumstances? How did it impact your decisions and well-being?
 3. Read **2 Samuel 12:1–10**, where Nathan confronts David in response to David pursuing Bathsheba. Do you have someone like Nathan in your life that will tell you the truth even when it's uncomfortable? If so, who is it? How did they become that person in your life? If not, talk about some possible reasons. What's a step you can take in order to have someone like Nathan in your life?
 4. Would you say you seek the good of your community above that of yourself? How do you feel about your answer? Is one answer better than the other? What makes you say that?
 5. Which of the Seven Keystones for healthy relationships resonate with you the most, and which ones do you feel might be lacking in your life? (Safety and Security, Learning and Growth, Practical/Physical Help, Romantic Intimacy, Fun and Relaxation, Emotional Closeness and Confiding, Identity, Affirmation and Shared Experience)
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