

I N V I S I B L E

Filled with the Spirit

We all need help, and there is a way to get access to the same helper Jesus relied on.

To Discuss

1. When was the last time you were desperate for something to work out, and you were certain it wasn't going to? Many times we find ourselves giving up or trying harder. Did you do either of those?
2. From the smallest task to something more significant, when was the last time you asked another person for help? Why did you ask them?
3. "You cannot access God's power if you are not under his authority." Do you agree with that? Do you consider yourself to be under God's authority? How do you know if you are or aren't?
4. Would you say that the Holy Spirit actively helps you? If so, how? If not, what makes you say that? How would you want that to change?
5. Read **Romans 8:9–13** and **Romans 15:13** aloud. What stands out to you? What is encouraging to you?
6. Are you facing something right now in which you really need God's help, a situation where you know you can't do it or go through it alone? If so, what is it?