

# THIS IS LIVING

## Opposite Day

We naturally look for confidence and joy in what we have, what we do, and what others think of us. But all of those things are fleeting and can be lost by circumstances beyond our control.

## Discussion Questions

1. Who is the most confident person you know? What do you think makes them so confident?
2. What aspects of your life give you the most confidence? What is something you have, something you've done, or something about how others perceive you that gives you confidence?
3. Read Philippians 3:7–9. What is the most interesting part of Paul's words? What is the most challenging?
4. How could knowing Christ give us a more secure and stable confidence than the other things in which we tend to place our confidence?
5. If what Paul says is true—that knowing Christ is more valuable than anything else we could possess or achieve—why do you think many Christians do not *feel* confident regardless of their circumstances?
6. In the message, Chad suggested that:
  - When your confidence is not built on what you have, you can freely give.
  - When your confidence is not built on what you do, you'll do with others in mind.
  - When your confidence is not built on what others think of you, you'll be freed to lift others up instead of yourself.

Which of those thoughts is most inspiring to you? Which is most convicting?

7. What does it look like to place your confidence in knowing Jesus rather than what you have, what you achieve, or what others think of you? What is one practical way to do that this week?

## Changing Your Mind

*"But whatever were gains to me I now consider loss for the sake of Christ. What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things...."*

**Philippians 3:7–8**