

REAL CHANGE

BECOMING WHO YOU WERE MEANT TO BE

Real Change

Week Two Discussion Questions

1. When you think of who you want to be, or how you can be better, is your instinct to wait for God to work or to start making plans or creating habits for yourself?
2. Real change begins with spiritual transformation—asking God to do what only He can do in you—and then applying effort through discipline. Is this different from what you've thought of change before?
3. How would you describe the difference between trying and training?
4. Read Philippians 3:10-14. What does Paul describe as the goal for Jesus followers?
5. What gap in your life, between who you are now, and who God desires you to be, would you like to shrink?
6. What is one discipline you could start, or continue, in order to shrink that gap? How can this group support you?