



## ***Week 2: Games We Play***

### ***The Blames We Play***

#### **Discussion Questions**

1. What is “the blame game,” and why do you think it happens so often in our interactions?
2. If you had to give an award for the best “blame game player” to any famous person, past or present, who would it be and why?

#### **Read Genesis 3:8–13.**

3. Eve blames the serpent for her actions in verse 13. Why do you think Eve chose to deflect blame rather than take responsibility? How does blaming others affect our ability to learn from our mistakes?
4. What were the immediate consequences of Adam and Eve’s decision to play the blame game in Genesis 3:8–13? How does blaming others instead of taking responsibility impact our relationships and personal growth?
5. What do Adam and Eve's actions teach us about the bad side of blaming others? How can we use these lessons to avoid blaming and to become more responsible and grow?"

#### **Read Matthew 7:3–5.**

6. Why does Jesus tell us to look at our own faults before pointing out others' mistakes in Matthew 7:3–5? How can this help us avoid playing the blame game?
7. How can focusing on our own actions and having calm, respectful conversations (like Jesus advises in Matthew 7:5) help make our relationships better? What practical things can we do every day to make this happen?

## **Moving Forward**

When you find yourself joining in on the blame game, STOP.

Don't blame.

That's lame.

Instead, reframe.