



Forgive

No one said it was easy, but releasing someone from what they've done to you is your only way to freedom.

To Discuss

1. What's one thing you owe right now that you would love to have magically go away? What would it mean for you if it did?
2. Were you taught that forgiveness is something you do once and then it's over? Where did you learn that?
3. Is (or was) there a situation where your forgiveness is (was) tied to someone else first apologizing? What are the pitfalls of that? How does (did) that affect you?
4. Read **Romans 12:17–21** aloud. What key words stand out to you? How does forgiveness play a part in this passage?
5. When we forgive someone (or are trying to), we can:
 - **Pray for them.**
 - **Speak well of them.**
 - **Do good for them.**

Which one of these is most difficult for you? What makes you say that?

6. Think of a “debt” that someone owes you that could never be repaid. Have you forgiven that person? If not, what’s holding you back?

Forgiveness is not an occasional act; it is a constant attitude. —Dr. Martin Luther King Jr.