



Week 9: What Our World Needs Now

Control Is an Illusion

Discussion Questions

1. Which of these have you done?
 - Driven over the speed limit
 - Eaten more than you wanted to
 - Said something you wish you hadn't

Please share what happened.

2. What does "self-control" mean to you? How do you try to use self-control in your everyday life?

Read Galatians 5:16–17.

3. Why do you think it's hard to have self-control? Can you think of some simple ways to get better at it?

4. Can you think of a time when you wanted to do something but knew it wasn't the right thing? What did you end up doing, and how did it feel?

5. Galatians 5:1 talks about freedom given by Christ. What do you think this freedom means? How is it different from just doing whatever we want?

6. What's one small thing you can do this week to let go of trying to control things?

Moving Forward

As you go through this week and fight being a slave to your desires, find ways to walk in the Spirit and have self-control. Memorize these Scriptures:

Psalm 119:11: *I have hidden your word in my heart that I might not sin against you.*

1 Corinthians 10:13: *No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.*

Proverbs 3:5–6: *Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.*