



Week 1: A Discussion about the Power of Prayer

“Prayer is not giving up control, it’s trusting the one who is in control.”

Discussion Questions

1. What is your relationship with your prayer life? When you do pray, what prayer do you find yourself most often praying?
2. Do you ever wonder if prayer actually works? Or if God actually hears us when we pray?

Read Isaiah 38:2–3

3. Hezekiah had an illness and was told he was going to die. Isaiah says Hezekiah “cried out to God.” If you were Hezekiah, what would you do?
4. Have you ever poured out your heart in brokenness to God? How did it change your prayer life?

Read 2 Corinthians 12:1–10

5. Like Paul, Joel DeJesus wanted control of his life and pleaded with God to remove his struggles. Do you struggle to completely surrender your circumstances to God? What are your obstacles from doing so?
6. How does it make you feel when you’ve given something completely to God but he doesn’t fix it?
7. For Joel and Brenda, they finally came to the realization that “prayer is not giving up control, it’s trusting the one who is in control.” What steps can you take this week to completely surrender to your heavenly Father?

Moving Forward

As you pray this week, may you remember the words of Mother Teresa: “Prayer is not asking. Prayer is putting oneself in the hands of God, at his disposition, and listening to his voice in the depth of our hearts.”

