

The Missing Peace

Jesus never said life would be easy, but he did promise us a path that leads to peace.

Discussion Questions:

- 1. Where would you place yourself on a scale between "extremely anxious" and "fully at peace"? What makes you say that?
- 2. Do not be anxious about anything (Philippians 4:6). How do you interpret these instructions Paul gave to early followers of Jesus?
- 3. What does it mean to entrust your worries to God?
- 4. What is an ongoing thought pattern of yours that needs to be replaced? What does it need to be replaced with?
- 5. What would a peace-filled version of you look like? How would your life be different?