

The Ultimate Survivor

Jesus didn't come to help us win at survival. He came to show us how to surrender so we could truly live.

Discussion Questions:

1. When life feels like “survival mode,” how do you tend to respond—grit your teeth, isolate, control, distract, or something else?
2. Why do you think stories of self-sacrifice (in movies, books, or real life) inspire us so much?
3. What's a time when someone else's sacrifice made a big difference in your life?
4. Jesus said, “The one who loves their life will lose it.” What do you think he meant—and why is that so hard to live out?

5. Read **John 12:24**.

Very truly I tell you, unless a kernel of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces many seeds.

What does “falling to the ground” look like in your world right now?

6. Where are you choosing safety over surrender? What's one area where you know it's time to be “planted”?

Renewing Your Mind

Very truly I tell you, unless a kernel of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces many seeds. Anyone who loves their life will lose it, while anyone who hates their life in this world will keep it for eternal life. Whoever serves me must follow me; and where I am, my servant also will be. My Father will honor the one who serves me.

—John 12:24–26