

DO IT SCARED

Part 3: "A Powerful Presence"

Introduction

The first step of courage might be the scariest but it might not be the hardest. How do we keep choosing courage in the face of adversity and difficulty?

Discussion Questions

1. Have you ever talked yourself into trying something new, and then thought, "What have I gotten myself into?" How did that situation turn out?
2. Why do you think it's often easier to start things than continue doing them over time?
3. Read 2 Timothy 1:3–7. Paul knew what Timothy was going through, so he wrote this letter. What do you think these words meant to Timothy? What could they mean for us today?
4. Paul's words were an encouragement to Timothy. Have you ever had someone's words encourage you through a difficult situation? Who was the person that helped "fan the flame" for you?
5. Samer unpacked the differences between power, love, and self-discipline. God's Spirit offers these to us, especially when we face scary situations. Which of these could you use more of in this season?
6. What has been your biggest takeaway from this series? What do you hope to remember for your moments of fear in the future?

Moving Forward

The courage required to start or stop is different than the courage required to continue. It's one thing to choose courage. It's another to keep choosing courage. The promise of God's presence can give us the courage to keep going.

Changing Your Mind

"For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."
(2 Timothy 1:7)