

CLOCKWISE

Under the Sun

The clock keeps ticking and life keeps moving, raising a deeper question about whether what fills our time actually carries any lasting weight.

Discussion Questions:

1. When you hear the phrase “make the most of your time,” what comes to mind?
2. What’s one way your view of time has changed as you’ve gotten older?
3. Read **Ecclesiastes 1:8–9** aloud.

*All things are wearisome,
more than one can say.
The eye never has enough of seeing,
nor the ear its fill of hearing.
What has been will be again,
what has been done will be done again;
there is nothing new under the sun.*

What do you think Solomon is getting at when he describes life this way?

4. Where do you tend to feel like your time is being “wasted” or not meaningful?
5. Read **Psalms 90:12** aloud.

*Teach us to number our days,
that we may gain a heart of wisdom.*

How do you feel about “numbering your days”?

6. What is a difficult or frustrating situation in your life right now that might look different if you believed there was purpose in it?