

# VOICES

*of Woodstock City*

## Part 1: It's Your Choice

### Introduction

Life's challenges are inevitable, but choosing to trust God during tough times can be transformative. When we face struggles, our faith is exposed and can be strengthened.

### Discussion Questions

1. When chaotic moments hit, how do you normally respond? Are you the type of person who brings calm, crazy, or something in between?
2. Why do you think it's so much easier for people to respond to trials with bitterness, frustration, or anger? Have you ever found yourself wanting to choose those responses?
3. Read James 1:1–4. Why do you think James felt the need to share these words? What's the most challenging part of these verses for you?
4. Have you ever had to endure something difficult spiritually, physically, emotionally, or financially? What did you learn about God or yourself in the midst?
5. Are you currently facing a trial our group could support you through? Is there one of Heather's steps that would be helpful for you to take?
  - Be Honest in the Trials
  - Remember in the Trials
  - Be Determined in the Trials
6. Have you ever been inspired by someone else's faith during difficult circumstances? Why was it meaningful to you?

### Changing Your Mind

*Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything.*

**James 1:2–4**