

THREE INGREDIENTS FOR *Relationships* THAT GO THE *Distance*

A Rule

Healthy relationships aren't built on rules, but they can't survive without a particular one. And it's a rule that removes every loophole.

Discussion Questions:

1. What word did you assume was on the card Andy slid across the counter?
2. "Honor one another." Who comes to mind? Positive or negative. Was honor a value in your family growing up?
3. Read **Romans 12:9–10** aloud.

Love must be sincere. Hate what is evil; cling to what is good. Be devoted to one another in love. Honor one another above yourselves.

What do you think it means to "honor one another above yourselves"?

4. Read **1 Corinthians 13:4–5** aloud.

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs.

What do you think it means that love "keeps no record of wrongs"?

5. Who do you know that honors other people well? What makes you say that?
6. Who in your world would benefit from a big dose of honor this week? What will make it difficult?

Speaking of Ingredients:

Recipe

BAKED GLAZED DONUTS

Title:

2 cups all-purpose flour
3/4 cup granulated sugar
2 teaspoons baking powder
1/2 teaspoon kosher salt
3/4 teaspoon cinnamon
3/4 cup milk
2 large eggs
3 tablespoons butter, melted
2 teaspoon vanilla bean paste

For the glaze:
1 cup powdered sugar
2 to 3 tablespoons milk
1/2 teaspoon vanilla bean paste

INSTRUCTIONS

1. Preheat oven to 350°F and grease a donut pan.
2. In one bowl, mix flour, baking powder, cinnamon, and salt.
3. In another bowl, mix eggs, sugar, milk, melted butter, and vanilla.
4. Combine wet and dry ingredients. Mix until just combined.
5. Pipe or spoon batter into pan, filling each about 2/3 full.
6. Bake for 11–14 minutes, until lightly golden and set.
7. Let cool in pan, then transfer to a rack.

Glaze

8. Mix powdered sugar, milk, and vanilla until smooth.
9. Dip cooled donuts, add toppings if you want.
10. Let set, then enjoy!

