

Things Christians Do

Week Two Discussion Questions

- 1. What does confession make you think of?
- 2. Do you remember a moment as a child or a teen when you did something wrong and tried to cover it up?
- 3. Reed said, "The cost of keeping things hidden is greater than the cost of addressing it." Do you agree? Have you ever experienced this?
- 4. What is dangerous or harmful about confessing to God but not telling a trusted person?
- 5. What's the difference in knowing you are forgiven by God and living like you're forgiven by God?

Confession is an invitation from your Heavenly Father who loves you and wants you to experience forgiveness. You can walk in the freedom and peace and authenticity of life in the light with him.

This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. If we claim to have fellowship with him and yet walk in the darkness, we lie and do not live out the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all^[b]sin.

If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. If we claim we have not sinned, we make him out to be a liar and his word is not in us. (1 John 1:5-10)