

VOICES

For You Friends

An obstacle can seem impossible when faced alone. But when we're willing to be there for someone—or ask someone to be there for us—it can change everything.

Discussion Questions

1. When life throws something hard your way, is your tendency to handle it alone or to ask for help? Why do you think you have that tendency?
 2. **Read Mark 2:1–4.** What stands out to you? Are you in a season where can you relate to someone in this passage?
 3. Talk about a time when it would have been better to have someone walk with you through something, but you went through it alone. Is there anything you would do differently if a similar situation arose? Would you be more open to asking for help?
 4. What friends do you have who would be willing to make above-and-beyond sacrifice for you? Who are your people? Do you have friends of faith?
 5. When is the last time you really needed someone and they came through—whether you asked them or not? In what way did they show up for you?
 6. Is there someone who needs your help right now? Someone who could use a friend to go above-and-beyond?
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