



Going the Distance

Relationships go better when two people engage in a certain type of competition.

To Discuss

1. If you're in a relationship and the two of you want different things (food, purchases, leisure time, etc.), how often would you say the other person gets their way?
2. Would you say you treat your significant other better/worse/same as compared to when you were pursuing them? What makes you say that?
3. What's your initial response to the notion of making a relationship a submission competition?
4. How would you characterize your parents' relationship? Tug-of-war? Dad ruled? Mom ruled? They deferred to each other? Something else?
5. Read **Philippians 2:5–6** aloud. What key words stand out to you and why?
6. How have you seen either of these two statements play out in yours or someone else's relationship?
Pride is poison. Humility wins the day.