

CHALLENGE ACCEPTED.

Depending

Our trials, temptations, and tensions shape us—and they have a way of revealing who or what we're truly depending on.

Discussion Questions:

1. When life gets hard, what's your default response—power through, numb out, reach for control, something else?
2. What's one example where your emotions have clouded your ability to see clearly or act wisely?
3. In what areas of your life do you tend to rely more on your own strength, wisdom, or feelings instead of trusting God?
4. Read James 1:21 aloud. What do you think it means to “humbly accept the word planted in you”?
5. What is one small act of obedience you could take this week to start doing instead of just hearing?
6. Read James 1:22 aloud. How would you describe some of the dangers and missed opportunities in hearing but not doing?