

THIS IS LIVING

Part 4: Holy Humiliation

Introduction

Throughout history, kingdoms have been built on power and strength. But the kingdom of God is built on something completely different: humility.

Discussion Questions

1. Who is the most humble person you know? Why is arrogance such an unattractive trait and humility so appealing?
2. Historically, the concept of “lowering” or “decreasing” yourself was seen as weakness. How has that type of thinking shifted in our culture today?
3. Read Philippians 2:3–4. How would you define “vain conceit”?
4. What does Paul say we can do to draw near to God to feel peace? In comparison to other institutions, the Christian faith is focused on a leader who lowered himself, allowed himself to be humiliated, and gave up his status and privilege in order to serve others for their benefit. In other words, Jesus humbled himself. How would Jesus be viewed in our world today?
5. Read Philippians 2:5–8. What are some practical ways you can incorporate more humility in your life this week?

Changing Your Mind

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.

Philippians 2:3–4