

Leveling Up

It takes a good dose of humility, but there can be purpose and meaning to whatever difficulties we've gone through.

To Discuss

- Complete this phrase: I can tell someone is humble because they ______
- 2. Who do you know that best represents the idea of humility? What makes you say that about them?
- 3. Read **Jonah 3:10–4:3** aloud, where we read Jonah's reaction to God having mercy on the city of Nineveh.
 - What are some observations about Jonah's posture?
 - What are some reasons he would have responded that way?
 - Can you think of a current or past example where you responded in a way similar to Jonah?
 What happened?
- 4. We can all relate to situations where we need to do one or more of these in order to have a turnaround:
 - Wake up... realize where we are.
 - Dive deep... own how we got here.
 - Level up... humble ourselves to make things right.

Are you in a circumstance (or perhaps a season) where you see yourself needing one of these three steps the most? If so, which one and why? Do you see yourself making your way through that step? How?

5. In your own words, why is humility such a key in completing a turnaround?