

GAMES WE PLAY

The Comparison Game

A game that requires a loser is a game nobody wins. When we play the comparison game and allow envy to motivate our actions, it can cost us more than we expect.

Discussion Questions:

1. When you played games or sports as a child, were you a good loser? How did you handle winning?
2. Which comparison are you most tempted to fall into: upward comparison (focusing on someone we see as better than us) or downward comparison (focusing on someone we see as worse than us)?
3. What is your greatest ambition in life right now? Have you stopped to think about what it is costing you to pursue it?
4. Is your greatest ambition motivated at all by comparing yourself to others?
5. Which of these would be more helpful for you to focus on this week:
 - Run your race.
 - Fix your focus on Jesus.
 - Name three things you are grateful for.