

# GAMES WE PLAY

## The Honor Game

A game that requires a loser is a game nobody wins.

### Discussion Questions:

1. What negative relationship games did your family of origin play? Blame? Shame? Comparison? Something else?
2. Did you carry any of that forward into your adult life?
3. What games get played in your key relationships?

**Change Game | Guessing Game | Guilt Game | Blame Game | Comparison Game**

**Shame Game | Family of Origin Game | Motive Assignment Game**

4. Who do you know who treats others like they're more important than themselves? What makes you say that?
5. Identify one relationship where the Honor Game is difficult to play. Now, identify your first move.