



# MY APPLICATION

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

1. Discuss your birthday traditions. How did they develop in your family? What did you take away from those experiences? Are there ways that you could infuse birthdays with a higher vision for God's ways?
2. The Bible tells us that we have a big responsibility for our own spiritual development. (2 Peter 1:5, Hebrews 12:1, 2 Corinthians 7:1, Colossians 3:1-2) Do you feel your current routine reflects a "make every effort" approach to your spiritual development?
3. What is the difference between "virtue development" versus "rule keeping" or "you do you?" Why are daily routines so powerful in our lives?
4. Have you ever had a role model? Describe that person. God has given us Jesus as our role model for life. What are some helpful ways that you are following Jesus' example?

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## MEMORY VERSE

**"For this very reason, make every effort to add to your faith goodness; and goodness, knowledge;..."**

***2 Peter 1:5***