

SESSION #7 JOURNEYMEN: MAKING FRIENDS, FINDING A MENTOR.

A REVIEW:

“Social, emotional, and spiritual blindspots and/or deficits caused by a lack of healthy male comradeship that results over time in foolish actions, serious setbacks, and a short-sighted masculinity.”

I. Ten Marks of a Mentor. (from Howard Hendrick’s book, *As Iron Sharpens Iron: Building Character in a Mentoring Relationship*, Moody Press, 1995.

- a. He clearly has something you **personally need**.
- b. He **chooses** to cultivate a relationship with you.
- c. He is willing to take a **chance** on you.
- d. He is **respected** by other men.
- e. He has a **network of resources** that you can draw upon.
- f. He is **consulted** by others **naturally**.
- g. In your relationship, he both **talks** and **listens**.
- h. He is **consistent** in his lifestyle.
- i. He is able to **diagnose** your **real needs**.
- j. He is concerned with your **interests**.

II. The Impact of a Mentor.

- a. Mentoring closes the **loop on the lifecycle**.
- b. Mentoring connects older and younger men in a **symbiotic relationship**.
- c. Mentoring allows men to teach other men from **experience**.
- d. Mentoring gives older men a **significant purpose** in the later half of life.

- e. Mentoring adds missing **satisfaction** to life.

III. What Do You Do if You Need But Lack a Mentor.

- a. **Pray** for wisdom and guidance.
- b. (If you spot a man that you need), Go **ask** him.
- c. (If you are part of a group), Overwhelm him with **numbers**.

QUESTIONS FOR YOUR SMALL GROUP DISCUSSION

1. On a scale of 1-10 (“1” being poor, “10” being rich), are you poor when it comes to male friends with whom you can share your life... rich ... or somewhere in between? Where would you rate yourself and why?
2. What other men are investing in your life right now? How?
3. Who is caring for your soul? Who is thinking about you and cheering for your life other than you?
4. Are you willing to approach an older man to mentor you? Who are you mentoring?

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