



REFLECTION
Question

In what ways have you failed to recognize the value and the power of sex in your life?
(Sexual involvement outside of marriage, withholding yourself sexually in your marriage, focusing on ungodly images or thoughts about sex...) Confess this before God and ask for His forgiveness. Then, commit to Him to begin today changing your thoughts and your actions to conform them to His will. Write down one thing that you will begin doing this week to follow through on your commitment

Passage to Ponder this week... 1 Corinthians 6:18-20

