

Journey to Manhood (J2M)

Week 4

A ministry of Hill Country Bible Church NW
Austin, TX

Case Study

Presenter Introduction:	Name	Tom Hochstatter
	Family	Father of 3 boys 18, 17, 12
	J2M Status	Completed two J2M cycles
	Future J2M	Planning third cycle for Fall 2010

➤ **Getting Organized**

Determine your group assembly early...and often

It will take some time to communicate with your prospect Dads and get their commitment.

Didn't matter that we all didn't know one another – just that we all had a heart for the idea and process.

➤ **Summertime Planning**

How are you preparing for this journey?

The journey of a thousand miles begins with the first step.

- Planning Meetings on the Calendar for June, July and August
- Agreement on plan on every level
- Sought concurrence from all the Moms
- Began chatting it up with our boys and those we were connecting with
- Process, Goals, & Agenda

➤ **Goals and Objectives**

- Foundational Tenets and Topics
- Personal Expectations from Me and my Son?

Thoughts:

- What do you want to get out of this?

- What do you want your son to get out of this?

- What do you suspect/expect to happen?

- What is your individual commitment to the year?

➤ **Agree on a Credo or Verse or Set of Verses to use as reminders (Soul Food)**

2 Timothy 1:7 “For God did not give us a spirit of timidity, but a spirit of power, of love, and of self-discipline” (PLS)

Jude 1:21 “Keep yourself in God’s love as you wait for the mercy of our Lord Jesus Christ to bring you to eternal life” (KTF)

Do you have one in mind right now:

➤ **Our Lesson Plans and Topics**

RALE	Teamwork, serve	2 Tim 1:7; Jude 1:21
Man and his God	Obedience	1 John 3:1
Man and Himself	Self-Control	Titus 2:11-12
Man and the Needy	Service	Proverbs 14:31
Man and his Father	Submission	Romans 13:1-2
Man and his Mother	Honor, Respect	Eph. 6:2-3
Man and his Siblings	Unity. Legacy	Phil. 2:1-4
Man and his Female Peers	Purity	1 Cor. 6:19-20
Man and his Male Peers	Prudence	Proverbs 27:17
Final Ceremony	RALE Summation	Review all

Digging into our Year

➤ **Monthly Meeting and Lesson Planning**

- What is our learning plan? Public Places
- Where/When do we want to meet? Monthly
- How do we want to organize our meetings? Food, Activity, and Lesson
- Who is in charge? Dads first then turn it over to boys

➤ **Activities**

- Initial Meeting Stake Ceremony in the Woods
- Mid-Year Concerts, Camping, UT Sports, Golf
- Service Projects Brown Santa, Special Olympics, ACL

Your ideas for activities:

- **Symbols – use them to reinforce the emotional impact of your time together**
 - Make them unique
 - Ours didn't have to match our lessons but they can if you want
 - Use music as part of the journey; this age gravitates towards the emotions of music
 - Pictures and Videos – it gets the boys attention and embeds the memories

Thoughts:

Use social media to stay connected – Facebook Fan Page, Twitter, Skype, etc.

- **Kick-Off Meeting**
 - Teamwork and Serving
 - Stake Ceremony
 - Gift from ACL Music Festival

- **Meeting Reviews**
A Man and His God + Obedience

A Man and Himself – Self Control

A Man and His Female Peers - Purity Lesson

Intimacy Pyramid

- **Looking at a girl and making eye contact**
(remember we are visually stimulated)
 - **Talking with a girl**
(Hey, notice how much passion talk can create?)
 - **Holding hands**
(This can be a nice sign of attachment.)
- **Hands on shoulders and hands on waist**
(Can you handle this? Can she?)
- **Kissing on the cheek or softly kissing on the lips**
(This is a sweet, innocent kiss.)
 - **Open-mouthed passionate kissing**
(A new desire awakens.)
 - **Petting while clothed**
 - **Experimental nakedness**
 - **Oral Sex**
 - **Sexual Intercourse**

- **Final Ceremony**
- Get to Work Early
 - Pre-Meeting with the Moms
 - Agree to make it memorable
 - Make it Relevant to the Boys
 - Frame it around your group and your year
 - Make sure every Dad has a role
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- **Final Ceremony – “Meet me at the Cross”**
- Highland Lakes Baptist Church Camp
 - Friday evening and Saturday half day event
 - Activities/ Dinner
 - Guest Speaker – Scott Horne from HCBC N/W
 - Man Marking Ceremony
 - Letters from Mom / Reflection Time
 - Cross / Crossing over Ceremony
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- **Keys to Success**
- Plan Ahead
 - Be Flexible – you will have to make mid-course adjustments
 - Pick a Group Verse / Credo to lean on in future years
 - Lessons are more important than the activities
 - Diligent Schedule keeping – agree to have planning chat prior to each meeting
 - Seek and then look for God’s plan in all of this; Listen
 - User your group’s unique talents and gifts and affirm them
 - Be transparent and become clean
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Case Study: Sample Planning Outline												
"TIE YOUR HEART AND YOUR SONS HEART TOGETHER, FOREVER"												
"He's is not just anyone - He's my Son"												
2 Timothy 1:7 For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.												
Date	Focus	Character Quality	Key Verses	Agenda	Leader	Lesson Location	Main Activity	Activity Coordinator	Other Activities	Reinforcement / bonding during week	Symbol/Ceremony	Budget
8/19/2006	Dads Planning Meeting			Plan Year		It's a Grind Coffee			Read RMDK	Review with Dad each part of the "What is a Man" definition.		
9/16/2006	ACL Music Festival & State Ceremony. Meet @ Mr. H house @ 11:30	Teamwork, Serving	2 Timothy 1:7	Review "what is a man", Verse: Year	ALL, Mr. Hoch	Amy's Ice Cream	ACL Festival	Mr. Hoch	Stake Ceremony, Serving @ Alex's Lemonade Stand		Shirts @ Big Oak Tree, T-Shirts & Hats from ACL	Shirts = \$20 apiece
10/28/2006	Man and his God	Obedience	1 John 3:1		Mr. B	Krispie Kreeme	Austin Citywide Tour on Segways	Mr. B		Get all email addresses and begin to communicate with each other	Necklace w/ Joshua 1:9b & bumper sticker	
11/18/2006	Man and Himself	Self Control	Titus 2:11-12		Mr. H	Rudy's	Ironrock Raceway	Ht. H			Picture of boys standing next to 10 commandments @ State Capitol	
12/11/2006	Man and the Needy	Service	Proverbs 14:31		Mr. Hoch, Chase	Amaya's	Facing the Giants Movie	Mr. Hoch			Toolbelt and Hammer: we are providing the tools; you have to use them...	
1/21/2007	Man and his Father	Submission	Roman 13:1-2		Mr. B, Austin	Threadgill's	Bowling	Mr. B			No symbol	
2/22/2007	> Finish Strong			Dad synch up	Dads	Starbucks	Didn't happen					
2/24/2007	Man and his Mother	Honor & Respect	Ephesians 6:2-3		Mr. H, Kent	Dirty Martins	IMAX Movie	Mr. H			Facing the Giants DVD	
3/24/2007	Man and his Siblings	Unity, Legacy	Philippians 2:1-4		Chase, Austin, Mr. B	Frantiles	Spirit Grove @ Gene's	Mr. B			Sister's Frame for AB, Kent, Chase got tape measure; CD from performing group	
4/30/2007	Purity Synch Up			Ensure Dad's are clear on message	Dads	Mr. H house		Mr. Hoch				
5/3/2007	Man and his Female Peers	Purity	1 Cor 6:19-20		Mr. Hoch, Dads	Riverplace CC	Dave & Busters	Mr. Hoch			Hand Grips, 100k hour flashlight, Girlfriends notebook	
	Man and his Male Peers	Prudence	Proverbs 27:17		Austin, Kent, Mr. H		can't recall...					
Summertime	Special 1 on 1 meeting with Dad & Son - reinforce year				All							
October	Final Meeting	PLS / Boy to Man	Review		All	Wimberley Cabins	Final Ceremony	All	Ironrock Raceway	Full Year Review/Blessing	Signed Facing the Giants Football	

Lesson Outline Example

Journey to Manhood

Topic: Self-Control

Date: November 15, 2005

Lead: Hochstatter

Summary to date:

Teamwork, Obedience, Now Self-control

Dictionary definition of manhood -

1. The state or time of being an adult male human.
2. **The composite of qualities, such as courage, determination, and vigor, often thought to be appropriate to a man.**
3. Adult males considered as a group; men.
4. The state of being human.

Dictionary definition of self-control -

1. Control of one's emotions, desires, or actions by one's own will.

control -

To exercise authoritative or dominating influence over; direct. See Synonyms at conduct - to direct the course of; manage or control; to lead or guide

1. To adjust to a requirement; regulate
2. To hold in restraint; check: *struggled to control my temper.*
3. To reduce or prevent the spread of: *control insects; controlled the fire with water.*

Let's talk about people we may know or know of that are out of control

Rock & Roll icons, Athletes, TV and Movie stars

What about in our own lives?

Other ideas related to a lack of self-control

Emotions – too high; too low; erratic; disrespectful; anger

Eating – obese people; anorexics

Addictions – shopping; drinking; drugs; girls/sex; working out – body builders; marathoners

Work/Career – working so much as to ignore other responsibilities

Christianity – overzealous about the word; non-compromising; no compassion; no grace or forgiveness

Titus

Read it to the group in its entirety and explain the context.

Other Examples of Self-Control outlined in the Bible

Acts 24:25 - And as he argued about justice and **self-control** and future judgment, Felix was alarmed and said, "Go away for the present; when I have an opportunity I will summon you."

1 Corinthians 7:5 - Do not refuse one another except perhaps by agreement for a season, that you may devote yourselves to prayer; but then come together again, lest Satan tempt you through lack of **self-control**.

1 **Corinthians 7:9** - But if they cannot exercise **self-control**, they should marry. For it is better to marry than to be aflame with passion.

1 **Corinthians 9:25** - Every athlete exercises **self-control** in all things. They do it to receive a perishable wreath, but we an imperishable.

Galatians 5:23 - gentleness, **self-control**; against such there is no law.

2 **Timothy 1:7** - for God did not give us a spirit of timidity but a spirit of power and love and **self-control**.

2 **Peter 1:6** - and knowledge with **self-control**, and **self-control** with steadfastness, and steadfastness with godliness,

Final Ceremony Blessing Example One

Reject Passivity

Man's fallen nature actually bends us away from responsibility. It comes with maleness. It comes for Adam. However, it is not an excuse to be passive. Contrary, it is our work that God has given us to be active in all things right – be spiritual, lead our wives, lead our families, lead in our community.

Real manhood begins with a decision to reject social and spiritual passivity when nothing is a more comfortable and natural option.

Genesis: 2:16-17 says

“God has given the first man a *will* to obey (“don’t eat the fruit”), a *work* to do (“cultivate the garden”), and a *woman* to love (Eve)”

Hebrews 6:12

“We do not want you to become lazy, but to imitate those who through faith and patience inherit what has been promised.”

[NAME] Are you willing to Reject Passivity as an Authentic Christian Man?

Accept Responsibility

It is your right and privilege to accept responsibility and be burdened with it. Jesus Christ accepted His responsibilities and He did so with [pure] joy. Responsibility also offers each of privilege. By accepting responsibility for the good things we do and those that we regret we are offered the privilege of God's promise of a great reward or we are offered the privilege of forgiveness.

Psalm 40: 7-8 says

“Then I said: Behold, I come, in the scroll of the book it is written of me; I delight to do Thy will, O my God; Thy law is within my heart.”

Matt 12:37 says

“For by your words you will be acquitted, and by your words you will be condemned.”

[NAME] Are you willing to Accept Responsibility as an Authentic Christian Man?

Prayer

Announce: In the name of God, The Father; Jesus, the Son and the Holy Spirit surrounding us both here tonight – You May Proceed.

Lead Courageously

Authentic men were designed to lead, not follow. God created this in you - your spirit and the biology of your body. Not to lead puts both your spirit and your body in conflict with the world around you and your God. If you fear, fear God's judgment not the opinions of your peers.

2 Timothy 1:7 says

“For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.”

1 Corinthians 11:3 says “But I want you to understand that Christ is the head of every man, and the man is the head of a woman.”

[NAME] Are you willing to Lead Courageously as an Authentic Christian Man?

Expect the Greater Reward, God's Reward

Biblical manhood was never intended to be burdensome. Instead, real manhood was designed by God to be liberating and a means of great reward. Do not be trapped by worldly goods or riches. They will misdirect your aim at that which is right and good. There is no promise from God that you will be blessed with worldly riches other than His blessings on your life. If God does indeed bless you with worldly riches – use them to further His Kingdom here on earth.

Hebrews 12:1-2 says “Let us run with endurance the race that is set before us, fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God”

1 Timothy 4:8 says “For bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come.”

James 1:9-11 “The brother in humble circumstances ought to take pride in his high position. But the one who is rich should take pride in his low position, because he will pass away like a wild flower. For the sun rises with scorching heat and withers the plant; its blossom falls and its beauty is destroyed. In the same way, the rich man will fade away even while he goes about his life”

[NAME] Are you willing to Expect The Greater Reward, God's Reward as an Authentic Christian Man?

Announce: In the name of God, The Father; Jesus, the Son and the Holy Spirit surrounding us both here tonight – You May Proceed.

Father's Prayer specifically to his Son:

Sone, I chose to write my thought and prayers for you because I wanted to memorialize by thoughts and to ensure I didn't miss anything important:

First of all, Son, I love you with all my heart and soul. Nothing in this world will ever make me feel differently. Nothing. No action, no misdeed, nor any person will or can change that. Please know that. There is always going to be love and happiness and forgiveness between us. We won't have a perfect life together but God has promised that if we are faithful to Him and our Christian Brothers He will provide what we need.

Second, I am proud of you. I am proud of the things that you have already shown me that are positive illustrations of being an Authentic Christian Man. You are a wonderful Brother to both of your brothers. I see you give to them unselfishly over and over again without a thought of yourself. This is what God offered us in His Son Jesus – unselfish giving.

Finally, I see Godly character in your behavior as my and your mother's son. You continue to grow as Christian man by attending your Youth Group at Austin Stone.

Dear Lord,

Bless my son, the newest member of Christian Men who promised to keep you in the forefront of his life until you call him home to Heaven. Lord I ask that you take him by the hand - that you take hold of his heart and his soul and you never let go.

Lord, you tell us in the bible to ask through Prayer for those things that we desire. Lord, here are the things I ask for in solemn prayer for my Son Chase:

- Lord bless his entire life
- Lord bless his high school experience
- Lord bless his college experience
- Lord bless his career that he be fulfilled and have impact on everyone around.
- Lord find him a godly woman to marry and create a family.
- Lord give him strength in his darkest hours; use those challenges in his life to strengthen his soul
- Lord give him ample opportunity to witness your devine
- Lord give him the courage to give forgiveness when he does wrong and accept forgiveness when he is wronged.

It's all these things I pray from the bottom of my heart in your Son's precious name, Jesus Christ.

Final Ceremony Blessing Example Two

Dad: I have the privilege of both opening the year and closing it.

Revelations 2:17 The one who has an ear had better hear what the Spirit says to the churches. To the one who conquers, I will give him some of the hidden manna, and I will give him a white stone, and on that stone will be written a new name that no one can understand except the one who receives it.'

Who can give a man this, his own name? Only God alone. For no one but God sees what the man is, in his heart. In the verses we read, the white stone is one of the rewards God will give to those who overcomes, who conquers (this is KTF to our group).

On that white stone there is a new name. It is new only in the sense that it is NOT the name the world gave to us, {Collin, David, Austin, Ethan} and certainly not a mean or hurtful name that the world will label us with. "It is the man's own symbol - his soul's picture, in a word - the name which belongs to him and to no one else.

But the new name is not really new at all when you understand that it is your TRUE NAME, the one that belongs to you, that special being whom God kept in his thought when he began to make the you and whom he will keep in his thoughts throughout your life.

Psalm 139 makes it clear that YOU were personally uniquely planned and created, knit together in our mother's womb by God himself. He had someone in mind and that someone has a name.

For the Christian, the "new name" has great spiritual significance. Christ gives you a new status, welcoming you into the kingdom of God – (Romans 8:18-21).

Who can give a man this, his own name? God alone. For no one but God sees what the man is... **It is only when the man has become his name that God gives him the stone with the name upon it, for then AND ONLY THEN can he understand what his name signifies...**

TELL STORY OF HOW WE CAME TO PUT THE NAME ON THE STONE

'aman (aw-man') Hebrew term to be **faithful**, to trust or believe, to be permanent or quiet; morally to be true or certain; **be faithful (of long continuance)** << [KTF]

So one year and here we are. As your fathers we can only take you so far. As a man, you have to take ownership of your faith. In the old testament, people would cast their votes with stones, a white stone was submitted at trials to signify innocence and freedom for that person. It was also used for admittance to parties and gatherings. It also represented a happy or momentous day.

Tonight your Dads are giving you your white stone to symbolize two things: first to let you know that our vote is YES, we know you can handle being a man, in fact you guys are going to be great men, husbands and fathers, and second, as a symbol of your admittance into manhood.