

- 1. When you've lost your way
- 2. When you've lost your freedom
- 3. When you've lost your wholeness
- 4. When you've lost your hope
- 5. When you've lost **your perspective**

<u>Spiritual Practice</u>: Begin each day by thanking God for three things that He has done in your life and "say so" to encourage one person this week.

Download 'The Reminders of God's Goodness' by Tim Hawks (7/31/22) free, or share it via email, Facebook, or Twitter at hcbc.com/media.

## **MY APPLICATION**

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

- 1. Why is it so hard to feel God's goodness when we are going through difficult times? What are some of the misconceptions that lead us to this struggle? (e.g. I deserve better, etc.)
- 2. Of the four impossible situations described in Psalm 107:4-32, which of them have you experienced and how did God show his goodness through the difficulty? Share with each other as an encouragement.
- 3. Over and over again in the Psalms we are commanded to praise and give thanks. Why is this so important for us? What happens to our perspective when we keep silent about God's goodness?
- 4. Do you feel you are a "say so" person? (See Psalm 107:1-2) Who are some people in your life that need to hear about the goodness of God from you?

## **Memory Verse**

"Give thanks to the Lord, for he is good; his love endures forever. Let the redeemed of the Lord say this..."