



The Reminders of God's Goodness

Do you find it difficult to feel God's goodness when you're going through a hard time? As we see in the Psalms, we're commanded to praise and give thanks in all circumstances. One way to make this a practice is to begin each day by thanking God for three things He has done in your life and to "say so" to encourage others.

Scripture Text: 107

Sermon Points:

1. When you've lost your way
2. When you've lost your freedom
3. When you've lost your wholeness
4. When you've lost your hope
5. When you've lost your perspective

Spiritual Practice: Begin each day by thanking God for three things that He has done in your life and "say so" to encourage one person this week.

Group Opener Question: How often do you hear the name of Jesus or God in your everyday conversations with people outside of church?

Discussion Questions:

1. Repeatedly in the Psalms we are commanded to praise and give thanks. Why is this so important for us? What happens to our perspective when we keep silent about God's goodness?
2. Why is it so hard to feel God's goodness when we are going through difficult times? What are some of the misconceptions that lead us to this struggle? (e.g., "I deserve better", etc.)
3. Of the four trying situations described in Psalm 107:4-32, which of them have you experienced and how did God show his goodness through the difficulty? Share with each other as an encouragement.

Memory Verse: "Give thanks to the Lord, for he is good; his love endures forever. Let the redeemed of the Lord say this..." - Psalm 107:1-2a