



When Time Goes To Fast

Our culture pushes us to fill our brief lives with busyness; however, God's wisdom compels us to live one day at a time. When we live with intentionality, following God's direction, we pursue contentment, optimize suffering, and extend our legacy. Are you living your life one day at a time?

Scripture Text: Psalm 90

Sermon Points:

1. Daily awareness of the eternality of God (v 1-2)
2. Daily awareness of the frailty of life (v 3-11)
3. Daily awareness of the gravity of my choices (v 12-17)
 - a. Pursue contentment (v 14)
 - b. Optimize suffering (v 15)
 - c. Extend legacy (v 16-17)

Group Opener Question: Considering life as an hourglass, what are some things you'd like to scratch off the calendar? What would you fill those empty slots with?

Discussion Questions:

1. Life can be wasted one day at a time. In what ways have you seen others waste their life? Why do you think that happens?
2. God not only has a bird's eye view of time, He views our time in light of eternity. What aspect of your character is He trying to develop? How are you responding?
3. Our culture pushes us to fill our brief lives with busyness. Using Psalm 90, how would you push back against that?
4. God's wisdom compels us to live one day at a time. How are you pursuing contentment in God? What is God changing in you through suffering? How are you passing on the baton of God's love and wisdom to others?

Spiritual Practice: Open your schedule today and plan: 1) Where will I use my spiritual gifts?, and 2) Who am I investing in for eternity?

Memory Verse: "So teach us to number our days that we may get a heart of wisdom." Psalm 90:12