

Summer IN THE PSALMS

When I Am Rejoicing Psalm 30

1. With God, rejoicing is the response to deliverance.

2. With God, rejoicing is a way of life .

Spiritual Practice: Read Psalm 30 aloud each day and ask God to help you move your Rejoice-o-meter at least one step that day.

Download 'When I Am Rejoicing' by Tim Hawks (8/7/22) free, or share it via email, Facebook, or Twitter at hcbc.com/media.

MY APPLICATION

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

1. When you think about the idea of “rejoicing,” what comes to mind? When you are super pleased with something, how does it change your behavior? Think of some examples to share.
2. Read Psalm 30:5. What do we learn about God from this verse? How can God be loving and still be angry with us? Give an example of a time when your love for someone prompted your anger about something.
3. What got David off track with God? See Psalm 30:6. What are some ways that we tell God, “I’ve got this?” Can prosperity and comfort become a hinderance to our relationship with God? Explain your thoughts.
4. On a scale of one to ten (1 = dirt and 10 = rejoicing all day long), where are you at on the Rejoice-o-meter? Where would you like to be, and how can your group help you get there?

Memory Verse

“For his anger lasts only a moment, but his favor lasts a lifetime; weeping may remain for a night, but rejoicing comes in the morning.”

Psalm 30:5