

EMBODIED

theology of the whole self

The Worshipping Body Romans 12:1-2

1. What we do with our body tells us who/what we worship.
2. We worship God when our whole body/person is offered to him.
3. We worship God when our mind is transformed to do his will.

MY APPLICATION

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

1. Do you agree with the statement, “What we do with our body tells us what we worship.” Explain your answer.
2. Read Romans 12:1-2. How has God shown us mercy by sending us his son Jesus, taking on a body like ours to be the sacrifice for our sin? What does Paul say we should do as a response to that mercy? Would you consider the way you live “a living sacrifice” to God?
3. Think about the pattern of your life. How would you describe the daily, weekly, and yearly rhythms of what you do? Do these rhythms seem to be following the patterns of the culture or the patterns of God?
4. What are the patterns you have adopted to help your thinking and doing be shaped by God’s plan for your life? Is there anything you need to change? How can the group help you make the change?

Memory Verse

“Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is – his good, pleasing and perfect will.”

Romans 12:2