



## The Worshiping Body

### Sermon Description

When you think about the statement, “What we do with our body tells us what we worship,” what comes to mind? Do you consider the way you live to be a living sacrifice to God?

**Sermon Points:** Romans 12:1-2 (memory verse: Romans 12:2)

1. What we do with our body tells us who/what we worship.
2. We worship God when our whole body/person is offered to him.
3. We worship God when our mind is transformed to do his will.

**Group Opener:** If you worked remotely, how did it effect you and/or your family? Did it effect your team? In what way?

### Discussion Questions:

1. Do you agree with the statement, “What we do with our body tells us what we worship.”? Give examples to explain your answer.
2. Read Romans 12:1-2. How has God shown us mercy by sending his son Jesus, taking on a body like ours, to be the sacrifice for our sin? Would you consider the way you live a “living sacrifice” to God?
3. How would you describe the daily, weekly, and yearly rhythms of what you do? Do these rhythms seem to be following the patterns of the culture or the patterns of God?
4. What are the patterns you have adopted to help your thinking and doing be shaped by God’s plan for your life? Is there anything you need to change? How can the group help you make that change?

**BLESS:** Who have you BLESSED lately? Has God answered any of your prayers with regards to someone far from Jesus? What has God been speaking to you about lately?

