Begin With Prayer Listen With Care Eat Together Serve Share



The Created Body

Sermon Description

God has a plan for his image bearers, and it requires a body. And your body was designed to accomplish his purpose for your life. How does knowing that God handmade your body and your personhood shape your feelings about your body?

Sermon Points: Genesis 1 & 2, selected passages

- 1. God has a plan for his image bearers, and it requires a body.
- 2. God designed your body to accomplish his purpose for your life.

Group Opener: The average American looks at a mirror 9x/day. How often do you look in the mirror? Do you ever look at a mirror with gratitude towards God?

Discussion Questions:

- New Year's resolutions often pertain to health & body image. How can resolutions be geared more towards God's purpose for the body He gave us, and not just "fixing" something about our body we don't like?
- 2. Explore Genesis 1:26-28, 2:7, 21-24. Image bearers are not just "image mirrors", but also, character carriers. Why did God create his image bearers with physical bodies?
- The culture tells us our bodies can be, do, and look however we want. How do we see this in media, marketing, and conversations? How are people pressured to turn an inability into a life pursuit with regards to our bodies, kid's bodies, etc.

BLESS: Who have you BLESSED lately? Has God answered any of your prayers with regards to someone far from Jesus? What has God been speaking to you about lately?

Memory Verse: "I praise you because I am fearfully and wonderfully made; your works are wonderful; I know that full well." - Psalm 139:14

