

MY APPLICATION

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

1. Think about all the conflicting issues in our culture related to the body. List as many of those issues as you can. Have you ever heard a sermon on the body and how it fits into God's plan for the world?
2. Why did God create his image bearers with a physical body? Explore Genesis 1:26-28, 2:7, and 21-24. How did God honor our bodies by Jesus coming to be embodied through a physical birth, life, and bodily resurrection?
3. Read Psalm 139:13-18. Does knowing that God handmade your body and your personhood shape your feelings about your body? What questions does it raise in your mind?
4. Have you ever expressed gratitude to God for his gift of your body? How do you think expressing gratitude would shape your thoughts and feelings about your body?

Memory Verse

"I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well."

Psalm 139:14

Join us on February 4 & 5 for the Holy Sexuality and the Gospel Conference. hcbc.com/conference