

SESSION #6 BIBLICAL MANHOOD: All-Alone

I. INTRODUCTION

- 1. Today, we are going to talk about the _____, of a man's relationship with other men and how those relationships or lack of them can affect a man.
- 2. We are also going to introduce you to a different type of wound, a wound that is self-inflicted, called, the All-Alone wound.
- 3. This wound characterizes a man who attempts to live life alone.
- 4. _____ in life are essential for us to become better men.

II. THREE TYPES OF TEAMMATES THAT BLESS AND ENERGIZE A MAN'S LIFE

- 1. The encouraging ______.
 - Having someone in your life who is a step ahead of you and can offer you wisdom and guidance.
 - It's someone who takes a special interest in you.
 - They are committed to your development.
 - They see the _____ in you even when you can't see it in yourself.
 - They are someone you admire and respect.
- 2. The _____ Teammate
 - Blessed is the man who has a few committed teammates.
 - They love you unconditionally but will speak truth into your life.
 - They are true friends who are committed to your best.
 - Professor Geoffery Greif says: "Some men remain ______ in the adolescent phase of friendship."
 - You must take the risk of creating these side-by-side friendships.
- 3. The Eager _____
 - Someone who is a step behind you in life but eager to learn from your experience.

• You have the opportunity to give back and ______ in others.

III. THE ALL-ALONE WOUND

- 1. Comes from the tendency of a man to live life ______ of character shaping relationships.
- 2. The self-inflicted wound is _____.
- 3. The all-alone wound is a social, emotional and spiritual loss caused by the lack of healthy male teammates.
- 4. Most men are never truly _____.

IV. THE CONSEQUENCES OF THE ALL-ALONE WOUND

- 1. A warped perspective on life
 - Self-deceit comes from being disconnected.
 - "There is a way that seems right to a man, but it's end is the way to death." Proverbs 14:12 [ESV]
 - To get an accurate picture of yourself, you need feedback from trusted teammates.
- 2. The potential for careless living and ______ choices.
 - "Whoever isolates himself seeks his own desire; he breaks out against sound judgement." Proverbs 18:1 [ESV]
 - Not having a teammate makes it easy for the ______ to get lowered.
 - The path to foolish decisions is often aloneness.
- 3. A lost chance for much needed transparency
 - Every man needs teammates with whom he can feel ______.
 - Without transparency, men are likely to fall into:
 - o Discouragement
 - Depression
 - o Danger

V. BUILDING HEALTHY TEAMMATES

- 1. Learn how to be a ______ teammate who encourages others.
- 2. Learn how to ask good questions and take genuine _____ in others.

- 3. Be willing to be vulnerable and ______.
- 4. _____ with other men.

VI. INITIATING WITH MENTORS AND PROTEGES

"Whoever walks with the wise becomes wise, but the companion of fools will suffer harm." Proverbs 13:20 [ESV]

- 1. Mentors
 - Look for a man whose character and skills you ______.
 - Consider having different mentors for different areas of life.
 - Consider having mentors from different ______ of life.
- 2. Protégé
 - Be a man to whom others are _____.
 - Make yourself available.
 - "Two are better than one, because they have a good reward for their toil." Ecclesiastes 4:9 [NIV]

DISCUSSION / REFLECTION QUESTIONS

1. Do you feel the all-alone wound? Explain.

2. Discuss your level of true transparency with other men in your life.

3. What are the next steps you need to take to initiate with teammates in your life?

(ANSWERS)

I. INTRODUCTION

- 1. Today, we are going to talk about the <u>importance</u>, of a man's relationship with other men and how those relationships or lack of them can affect a man.
- 4. <u>Teammates</u> in life are essential for us to become better men.

II. THREE TYPES OF TEAMMATES THAT BLESS AND ENERGIZE A MAN'S LIFE

- 1. The encouraging <u>mentor</u>.
 - They see the <u>best</u> in you even when you can't see it in yourself.
- 2. The <u>side-by-side</u> Teammate
 - Professor Geoffery Greif says: "Some men remain <u>stuck</u> in the adolescent phase of friendship."
- 3. The Eager protégé.
 - You have the opportunity to give back and <u>invest</u> in others.

III.THE ALL-ALONE WOUND

- 1. Comes from the tendency of a man to live life <u>outside</u> of character shaping relationships.
- 2. The self-inflicted wound is **avoidable**.
- 4. Most men are never truly known.

IV. THE CONSEQUENCES OF THE ALL-ALONE WOUND

- 2. The potential for careless living and <u>foolish</u> choices.
 - Not having a teammate makes it easy for the **<u>standard</u>** to get lowered.
- 3. A lost chance for much needed transparency
 - Every man needs teammates with whom he can feel <u>safe</u>.

V. BUILDING HEALTHY TEAMMATES

- 1. Learn how to be a **loyal** teammate who encourages others.
- 2. Learn how to ask good questions and take genuine **interest** in others.
- 3. Be willing to be vulnerable and <u>transparent</u>.
- 4. Initiate with other men.

VI. INITIATING WITH MENTORS AND PROTEGES

- 1. Mentors
- Look for a man whose character and skills you admire.
- Consider having mentors from different <u>seasons</u> of life.
- 3. Protégé
 - Be a man to whom others are <u>drawn</u>.

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