

## **SESSION #2 BIBLICAL MANHOOD: LOOKING BACK**

### **I. INTRODUCTION**

1. Every man has a **story**.
2. Too often, men do not know how to deal with their hurts, hopes and emotions.

### **II. LOOKING BACK**

1. Every guy has been shaped by the key moments in his life.
2. Too many guys are **driven** by the events in their past that they don't understand.
3. To be a real man, you have to look back and figure out what has shaped you.
4. We will be covering some **sacred** topics.

### **III. THREE KEY IDEAS TO GUIDE US**

1. Take a **balanced** approach to analyzing our past.
  - Manhood Definition
    - Reject Passivity
    - Accept Responsibility
    - Lead Courageously
    - Invest Eternally
  - We're going to take the initiative to look back on our lives.
2. The concept of **wounds**.
  - The deepest wounds that men can experience in life aren't physical but wounds of the soul.
  - The natural instinct of a man who has a wounded soul is to simply **pretend** it's not there.
  - Some guys compensate for the pain by learning not to feel.

- Wound: Any **unresolved** issue where a lack of closure adversely impacts the direction and dynamics of a man’s life now.
3. Ultimately, God is the **author** of your life.
    - God can redeem your future
    - “And we know that for those who love God all things work together for good, for those who are called according to his purpose.” Romans 8:28 (ESV)

#### **IV. THE EXPERTS: UNDERSTANDING THE IMPORTANCE OF OUR STORY**

1. Jeff Schulte, Executive Director, Sage Hill Institute, an initiative for Authentic Christian Leadership.
2. Dr. Chip Dodd, Executive Director and Co-Founder of the Center for Personal Excellence, a treatment center working high-level executives.

#### **QUESTIONS FOR YOUR SMALL GROUP DISCUSSION**

1. Discuss with your group any hesitancy to look back at the defining moment and key relationships in your life.
  
2. Do you tend to blame your past or ignore your past? Why?