

## Handling Anger Appropriately Chapter 11

1. What had you thought about anger before today's message? Good? Bad? Something to be avoided?
2. How was anger displayed in the home you grew up in?
3. Talk about a time when anger got the better of you. What happened and what was the result?
4. Would you say that anger is a battle you deal with? What does anger look like for you?
5. Read Eph 4:26-27 We said that anger is often a sinful response. Can you think of other reasons why that is the case? How does it help you to realize that anger isn't always sinful?
6. Read Exodus 32:19-20 What thoughts come to mind when you read about Moses' display of anger?
7. Are there any current issues in your life that you are angry about and need to deal with? Describe it and what "righteous action" would look like.
8. Pray for one another that you would grow in godly anger.